

## YOUR WELFARE OFFICER

Name Caroline Spencer

Contact Mobile 07729264792 Home 01206 302911

**Email** carolinejspencer@btinternet.com

**About Me** I am here to help you if you have any concerns about the way you or others are being treated.

## **YOU CAN ALSO REPORT CONCERNS DIRECTLY:**

Children: Essex County Council Children and Families Hub 0345 603 7627 Emergency/out of hours 0345 606 1212

Adults: Essex County Council Social Care

0345 603 7630 Emergency/out of hours 0345 606 1212

Colchester City Council Designated Safeguarding Officer

Lucie Breadman 01206 282726 lucie.breadman@colchester.gov.uk

You can also contact the NSPCC on 0808 800 5000 for advice about safeguarding concerns.

In an emergency, please call 999.

Please also let the LTA know of any concerns by using our secure form which can be found at www.lta.org.uk/safeguarding or by scanning the QR code.







